



Spring Health Fair

Affordable Blood Tests, Free Health Education & Screenings

(907) 278-0234 ANCHORAGE/STATEWIDE, (907) 374-6853



WEDNESDAY, APRIL 18TH

8 AM TO NOON

WHY HEALTH FAIRS?

AFFORDABLE COMPREHENSIVE CONFIDENTIAL BLOOD TESTS

"Offered at all Health Fairs!"

Thousands of Alaskans take advantage of our affordable blood tests each year. We work with PAML, one of the top ranking laboratories, to bring you the most affordable, comprehensive, high-quality blood tests in Alaska!

SEE WHAT YOUR COMMUNITY HAS TO OFFER

At AHF Health Fairs, you can connect with local nonprofits, state agencies, and businesses to learn about new health and wellness resources available in your community. Enjoy a variety of free health screenings, such as vision, blood pressure, and more. Talk to a medical professional at check out, ask questions, and get answers about health & healthy lifestyle changes.

STAY ON TRACK TO MEET YOUR GOALS

Come to Health Fairs to learn how to take small steps to reach your health goals, get motivated, and feel good! Health is a journey, and AHF will help you along the way.

FREE CARFIT EVENT: trained volunteers will complete a 12-point checklist with each driver to help insure all senior drivers find a better "fit" with their cars for comfort and safety!

GET THE COMPLETE PICTURE

Men's Wellness Package

Includes Chemistry/Hematology Profile (infection, Anemia, Live Disease, Clotting ability, Kidney and adrenal function, Liver function, Bone disease, Tissue disease or damage, Heart function, Liver function, Muscle function, Coronary heart disease), Vitamin D Screen (Bone metabolism, Parathyroid function), A1C Screen (Diabetes, Glucose), and Prostate Disease Screen—\$180

Complete Women's Wellness Package

– includes Chemistry/Hematology Profile (Infection, Anemia, Liver Disease, Clotting ability, Kidney and adrenal function, Liver function, Bone disease, Tissue disease or damage, Heart function, Liver function, Muscle function, Coronary heart disease), Thyroid Screen (Thyroid function), Vitamin D Screen (Bone metabolism, Parathyroid function), and A1C Screen (Diabetes, Glucose) —\$155.



Or order tests individually:

- **Blood Chemistry Screen** – 27 panels! – covers infection, anemia, liver disease, clotting ability, kidney and adrenal function, liver function, bone disease, tissue disease and damage, heart function, liver function, muscle function, and coronary heart disease – \$45
- **Thyroid Screen** – \$35
- **Prostate Disease Screen** – \$25
- **Vitamin D Screen** – \$50
- **A1C Diabetes** – \$25